

The Considerate POTA Operator's Frequency Guide - Condensed

This document is taken from the ARRL's great document "The Considerate Operator's Frequency Guide," as well as some discussion on the POTA Facebook group. There are a lot more frequencies listed there and you should read that document to understand what this all means.

The purpose of this document is to condense it down to a single A5 sheet of paper for the "normal" POTA SSB bands for a holder of a USA General License so it can be easily carried in the field.

I've got nothing against CW/Digital or other bands or other licenses , but then it wouldn't fit on a single sheet of paper and one couldn't tape it on the inside cover of their notebook.

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10m:	28.300 - 29.700
28.385	QRP SSB calling frequency
28.680	SSTV
29.000-29.200	AM
29.300-29.510	Satellite downlinks
29.520-29.580	Repeater inputs
29.600	FM simplex
29.620-29.680	Repeater outputs
12m:	24.930 - 24.990
24.930	IBP/NCDXF beacons
15m:	21.275 - 21.450
21.340	SSTV
21.385	QRP SSB calling frequency
17m:	18.110 - 18.168
18.110	IBP/NCDXF beacons
18.162.5	Digital Voice
20m:	14.225 - 14.350
14.230	SSTV
14.233	D-SSTV
14.236	Digital Voice
14.285	QRP SSB calling frequency
14.286	AM calling frequency
14.300	Maritime Net
14.313	Lids
40m:	7.175 - 7.300
7.200	Lids
7.285	QRP SSB calling frequency
7.290	AM calling frequency